

# Family Emergency Plan

Make sure your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency essentials kit or another safe place where you can access it in the event of a disaster.

Out-of-Town Contact Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Local Contact Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Neighborhood Meeting Place: \_\_\_\_\_

Out-of-Town Meeting Place: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Fill out the following information for each family member and keep it up to date.

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Write down where your family spends the most time: work, school and other places you frequent. Schools, daycare providers, workplaces and apartment buildings should all have site-specific emergency plans that you and your family need to know about.

Work Location One

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Work Location Two

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Other place you frequent

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

School Location One

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

School Location Two

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Other place you frequent

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Important Information	Name	Telephone Number	Policy Number
Doctor(s):			
Other:			
Pharmacist:			
Medical Insurance:			
Homeowners/Rental Insurance:			
Veterinarian/Kennel (for pets):			

## Special Planning Needs: Planning for Children

Emergency planning for a family—especially if you have children—requires extra thought and preparation. You have to take into account additional factors that will help everyone effectively manage a stressful situation.

**How many children will you need to plan for?** The number of children you have in your family might climb during a disaster. You might suddenly find yourself responsible for nephews, nieces or even grandchildren. Talk with your relatives and discuss their own emergency preparedness plans so you know the maximum number of children you need to prepare for.

**What are the ages of the children in your plan?** Age is a very important factor to consider when making your emergency plans. Can they move around on their own? Are they able to communicate injuries or concerns? Are they old enough to drive? Will you need to pack additional diapers, food or baby care items?

**What issues will you need to consider if you have to evacuate?** Evacuating a disaster area or moving to a shelter with children presents its own set of challenges. You need to plan ahead to make an extended stay away from your home as comfortable as possible. You'll want to bring along games, books, crafts or other materials to help keep them entertained.

**What if a child is away when a disaster strikes?** There are times when your family is separated. No one knows when an emergency situation might arise, so you have to prepare for anything. A few easy steps can make all the difference. Be sure your children never leave home without emergency contact information. Be sure they know whom to call first if you're unavailable. Identify "safe places" in your community where they should go if lost or separated.

**What about children with special health care needs?** If you have a child with special health care needs, fill out an Emergency Information Form and give copies of it to all of your child's caregivers (baby sitters, school teachers, grandparents and others).

These are just some of the issues you should consider when making emergency plans that include children. For additional information on planning for children and helpful tips to effectively manage an emergency situation, visit:

<http://publix.onestorm.org/prepare/children>



## Special Planning Needs: Planning for Older Family Members

Older family members are one of the most at-risk groups when a disaster happens. If you fall into this group, or you're making a plan that includes aging parents or elderly relatives, you'll have to address a number of age-related issues so that an emergency situation is less challenging.

**Are there special health-related issues that have to be considered?** A disaster situation might threaten or aggravate the health of an elderly family member. Create a special contact sheet that has a complete medical history and important information for emergency/rescue personnel. Make certain a copy is on hand at all times. If you have to evacuate, keep a copy with the elderly family member in case you become separated. Having a detailed medical history on hand can help medical professionals provide faster treatment and care during an emergency.

**Are there special medication needs to consider?** If you or an elderly person you're planning for takes a special medication or has a special medication schedule, make sure to include it in your plan. Do you have a complete list of medications, dosages and times they should be taken? Do you have copies of prescriptions to show emergency/rescue personnel? Is someone designated to monitor the dosage schedule and administer medications?

**Are there special mobility needs to consider?** In an emergency situation, you may have no other option than to move to a shelter, another city, or even out of the state. If you or the elderly person you're planning for has special mobility needs, traveling can create challenges you need to consider. What special travel arrangements will you need to prepare for? Will physical exertion aggravate a preexisting condition? Do you have a collapsible wheelchair on-hand?

**Will transportation assistance be needed to evacuate in advance of a hurricane?** In many states, there are special-assistance registries for people who are unable to evacuate on their own. These programs often require you to pre-register for evacuation transportation. Contact your local government or healthcare provider for more information.

**Does the elderly person you are planning for require special medical equipment?** Many older family members are able to maintain a certain quality of life through the aid of special medical equipment. Some of this equipment may not be available during an emergency because of power outages or because the equipment can't be transported. Does special medical equipment limit the mobility or the distance you can travel? Who will be responsible for bringing along the special equipment should you have to evacuate? Do you have spare parts or materials for the equipment in your supplies?

These are just some of the issues you'll need to consider when making emergency plans that include older family members. For additional information on planning for aging adults, visit:

<http://publix.onestorm.org/prepare/special-needs>



## Special Planning Needs: Disabilities and Special Needs

Creating a disaster preparedness plan that includes people with disabilities or special needs is not as complicated as you might think. By carefully considering the questions below, you can help prepare family members with special needs to successfully navigate an emergency.

**Who will be responsible for assisting the person with special needs?** When a disaster strikes, you'll have a lot of responsibility as the plan leader. If possible, designate someone else to be in charge of caring for, assisting and monitoring the person with special needs in your group.

**What mobility needs do you need to consider?** In case your family must evacuate, be sure to have a mobility plan for the special needs person you're caring for. Does he/she require a special mode of transport? Do you have a collapsible wheelchair or spare crutches in your supplies? Is your primary vehicle the right choice to transport everyone—including the person with special needs—should you have to leave home?

**Will transportation assistance be needed to evacuate in advance of a hurricane?** In many states, there are special-assistance registries for people who are unable to evacuate on their own. These programs often require you to pre-register for evacuation transportation. Contact your local government or healthcare provider for more information.

**Does a plan member have special medication needs?** People with special needs may require routine medications as part of their daily treatment. Do you have a complete list of medications, dosages and times they should be taken? Do you have copies of prescriptions and contact information for doctors? Is there someone in your family or group who will monitor a dosage schedule and administer medications?

**Are you prepared for a prolonged stay away from home?** In a serious emergency, you may be away from home for weeks or even months. How will you take care of your special needs family member. Where will you go? Are you aware of medical professionals in the area where you plan to evacuate who can provide the special services required? Do you know where you'll fill prescriptions or restock the special supplies you might need? If you need dialysis, do you know where dialysis facilities are located?

These are just some of the issues you'll need to consider when making emergency plans that include people with disabilities or special needs. For additional information on planning for people with special needs, visit:

<http://publix.onestorm.org/prepare/special-needs>



## Special Planning Needs: Planning for Pets

For many people, their pets are like members of the family. Yet, too often, family pets are overlooked during disaster planning. Here's what you need to consider to protect your pets during a disaster.

**How many pets do you need to plan for?** Some families have more than one pet; others have an assortment of animals. When you're making your emergency preparations, you'll need to take into account the type of pet(s) you're planning for. How big are they? Do your pets get along with one another? Who will be responsible for caring for the pets covered in your plan?

**Are there any special needs you need to consider for your pet(s)?** Just like their owners, pets have special needs that must be addressed when you create your preparedness plan. Do they need any special medications or foods? Do they require special heating lamps to regulate temperature? Are they aggressive toward children?

**How will you transport your pet(s)?** Emergency situations often require families to leave home and relocate to shelters, other cities, or even out of state. Your disaster preparedness plans need to include how you will move your animals with your family. Do you have enough cages to contain your pets comfortably? Do you have enough food and water in your travel supplies? Is there enough room in your vehicle for your family, your pets, their cages and your supplies?

**Have you completed your pre-planning for your pet preparations?** Making an emergency plan that includes your pet's needs means doing a little homework ahead of time. Before you can commit to a plan, you have to make sure all the pieces are in place. Do you have a list of hotels/motels that accept pets? Do you have proof that you registered and vaccinated your pet in case you need to go to a shelter? Have you put your pet's travel cage into your vehicle to be sure it fits?

These are just some of the factors you'll need to consider when making emergency plans that include pets. For additional information on planning for pets and helpful tips to effectively manage an emergency situation, visit:

<http://publix.onestorm.org/prepare/planning-for-pets>

