

Emergency Supplies

Review the list below to see what supplies you already have and what your family will need during the two weeks following a storm. Then take this list with you when you shop — any item that's marked with an asterisk (*) is sold at your neighborhood Publix.

Baby Care

- Baby bottles and pacifiers*
- Baby diapers and wipes*
- Baby food and formula*
- Blanket and toys

Cleaning Supplies

- Bleach (without lemon or any additives)*
- Bucket, laundry detergent, mops, sponges and rags*
- Garbage bags/ties*
- Paper towels*
- Sealable bucket
- Squeegees with long handles

Clothing/Bedding

- Bedding for comfort on the road
- Complete change of clothing per person
- Hat and jackets
- Rain gear
- Sturdy shoes

Communication

- Air horn
- Batteries for radio/TV*
- Batteries for weather alert radio*
- Battery for cell phone or PDA (extra)
- Battery-operated radio/TV
- Car charger
- Cell phone or PDA
- Corded phone with a long phone wire
- Distress flag
- Rabbit ears/TV antenna
- Spray paint
- Weather alert radio*
- Whistle

Cooking Supplies

- Aluminum foil, plastic wrap and large freezer bags*
- Charcoal and lighter fluid*
- Disposable cups, plates and utensils*
- Portable grill*

Documentation and Keys

- Cash and coin
- Credit cards
- House and car keys (extra)
- Insurance papers
- Personal identification

Equipment and Tools

- Alarm clock
- Artificial ice blocks*
- Batteries for alarm clock*
- Batteries for drill
- Batteries for smoke detectors*
- Battery-operated drill with bits
- Chainsaw, handsaw, pry bar, ax and shovel
- Compass
- Digital camera
- Duct tape*
- Entertainment items: cards, games, books & toys for kids*
- Extension and heavy-duty 3-pronged cords
- Fire extinguisher small canister, ABC-type
- Food storage containers*
- Gas and gas can
- Generator
- Ice chest/ice*
- Liquid detergent*
- Manual can opener*
- Paper, pen and pencils*
- Pest control*
- Portable air conditioner
- Propane tank, full
- Refrigerator thermometer*
- Rope
- Scissors*
- Small cooking stove and sterno (outdoor use only)
- Smoke detectors for each floor
- Tarps and 2x4 lumber
- Tools (wrench, hammer, nails and pliers)
- Utility knife*
- Water purification tablets in plastic bag
- Water storage containers
- Work gloves



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First Aid

- First Aid Essentials kit (for home and auto)*

If you have most of the supplies listed below, it may be easier for you to put together your own first aid kit.

- Alcohol cleansing pads*
- Antibacterial ointment*
- Antiseptic cleansing wipes*
- Aspirin and non-aspirin pain relievers*
- Burn relief pack
- Butterfly wound closures
- Cotton-tipped applicator*
- Elbow and knee plastic bandages*
- Emergency blanket
- Fabric bandages*
- Finger splint*
- Fingertip fabric bandage*
- First aid tape*
- Gauze and dressing pads, various sizes*
- Ibuprofen*
- Instant cold compress*
- Itch-relief cream*
- Knuckle fabric bandage*
- Latex-free exam quality vinyl gloves*
- Patch bandages*
- Plastic bandages*
- Spot adhesive bandages*
- Sterile eye pad
- Thermometer*
- Trauma pad
- Tweezers*

Lighting

- Batteries for flashlight*
- Batteries for lantern*
- Battery-powered lantern*
- Candles (if no children or pets in the home)*
- Flashlight*
- Lamp and lamp oil
- Utility lighter*
- Waterproof matches

Medications

- Antacid*
- Anti-diarrhea medication*
- Inhalers
- Insulin
- Medical Support Equipment (wheelchairs, extra battery if motorized, walkers, canes, dressings, oxygen and tubes, feeding equipment)
- Prescription drugs and copy of prescriptions
- Vitamins*

Personal Hygiene

- Alcohol-based hand sanitizer*
- Antibacterial soap*
- Batteries for hearing aid (extra)*
- Body wipes*
- Contact lens solution*
- Contact lenses (extra)
- CPR breathing barrier
- Denture supplies*
- Deodorant*
- Disinfectant spray*
- Disposable razor and shaving cream*
- Disposable washcloths and towels
- Eye drops*
- Eyeglasses (extra)
- Feminine hygiene products*
- Hearing aid (extra)
- Incontinence supplies*
- Insect repellent*
- Lip balm*
- Mirror*
- Moist towelettes*
- Plastic sheet to line bath tub or large container
- Safety pins*
- Sewing kit*
- Sunglasses*
- Sunscreen*
- Toilet paper*
- Toothbrush, toothpaste or tooth brushing pads*



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Pet Care

- Blanket
- Bottled water (1 gallon per pet/per day)*
- Cage or pet carrier with bedding (label for identification)
- Cat litter and box*
- Grooming supplies*
- Leash, harness, collar and tag*
- Medications
- Muzzle
- Pet dishes*
- Pet food*
- Trash bags (small)*
- Toys*
- Vaccination records

Transportation

- Batteries for flashlight*
- Engine oil (extra)
- Flares
- Flashlight*
- Full tank of gas
- Jumper cables, tire pump and jack
- State/regional road maps
- Tire patch kit
- Toolkit (screwdriver, pliers, etc.)

Non-Perishable Foods

- Baby food and formula*
- Bottled Water - 2 gallons per person per day and 1 gallon of water per pet per day*
- Bread*
- Canned meats, pasta, fruits, vegetables, puddings & soups*
- High-energy foods such as peanut butter, nuts, jelly, crackers, cookies, cereals, dried fruit and trail mix*
- Ice*
- Instant coffee and tea*
- Pet food*
- Powdered milk*
- Special dietary foods*
- Sport drinks and individually packaged juice*
- Sugar, powdered creamer, salt and pepper*

